

# The Failure of Sex Education

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by Linda D. Bartlett

Christian teachers and most especially parents have the privileged opportunity to instruct children with the Truth that will guide and protect them throughout their lives. The Truth is God's Word. God's Word, beginning in Genesis, has a lot to say to modern parents and their children. It explains our origin, why we were created, and how to live. Fathers and mothers can trust God's Word to help sons and daughters:

- Respect themselves and others.
- Protect human life from the moment of conception.
- Understand why men and women are equal yet different.
- Practice modesty.
- Remain pure or return to purity.
- Receive a future of hope.

Most parents want to raise their children to be happy, healthy, and safe. Many “experts” are quick to offer their help. But, the Christian parent must be discerning. Two worldviews—that of God and that of man—oppose one another. The thoughts and theories of created beings are very different from the Truth of the Creator God.

One of many areas where worldviews collide is “sex education.” God, the Creator of “human beings” of the “male” or “female” gender (Genesis 1:27), says that parents are to instruct their children in purity. He wants parents to help sons and daughters wait patiently for marriage so they will be less vulnerable physically, emotionally, and spiritually. The practice of purity benefits individuals, family, and society itself.

In contrast, the world insists that children are “sexual beings.” If that, indeed, is how they are defined, then it follows that they should “feel comfortable” with their “sexuality.” For several decades, “sex education” has been taught in public and many Christian schools beginning as early as kindergarten and continuing through high school. Abstinence is more often than not considered “unrealistic.” “Safe sex” appears to be the message of choice.

Today's young people are brought up in a society where sex is explicitly advertised and propagandized. Is it a good thing to further subject them at a critical stage in their education with intense sexual distraction in the classroom? Douglas Gresham, the step-son of C. S. Lewis and founder of Rathvinden Ministries in Dublin, Ireland, told this author that he views

“modern school sex education as child abuse because it is ill-planned and poorly thought out, thus adding to the very problem it is trying to address and eroding the structure of a healthy family.”

Two worldviews clash in a battle for the hearts and minds of our children, but when God’s Word is ignored because it seems “irrelevant” or “too restrictive,” then generations of children are at risk.

Who has the best interests of children in mind?

## **Some Questions to Ask**

Christian parents are compelled to answer some important questions, beginning with:

1. Who has the best interests of your children in mind—The God who created and redeemed them or men and women who, because of their rebellious nature, do whatever is “right” in their own eyes?
2. Are you aware that sex education may begin as early as kindergarten? Do you have any idea why this might be?
3. Do you know what your children are being taught about sex in human growth and development, human sexuality, health, or family class?
4. Do you know what curricula and resources are being used for the sex education program in your school? Are organizations such as Planned Parenthood and the Sex Information and Education Council of the U.S. (SIECUS) or materials by Deryck Calderwood or Wardell Pomeroy referenced?
5. Who is teaching sex education to your child? Is their worldview the same as yours? Do they respect yours?
6. Are you aware that homosexual and lesbian groups are able to get into schools by way of assembly programs on “diversity” and “tolerance”? Are “gender and sexual orientation” messages in your child’s science, history, language arts, and even math curricula?
7. Do you know that the National Education Association promotes an emphasis on gay issues in teacher training and encourages principals to use pro-homosexuality primers such as *Just the Facts*? (Not all classroom teachers are happy about this trend.) (CITIZEN, July 2001, p.7)

8. Is your son or daughter learning abstinence only or “safe sex”? Do you know the difference?
9. Are boys and girls in your public or parochial school taught together or separately in sex education or health class? What provision is there to opt your child out of non-academic, i.e. sex education, classes?
10. We tell our children to “just say NO” to drugs and alcohol because we believe they are capable of making this healthy choice. Why then, considering the harmful consequences of teen and unmarried sexual activity, do we teach children how to “do sex safely”?

## **The Origin of Sex Education**

From where did the idea for sex education programs come?

Largely from a zoologist by the name of Alfred C. Kinsey who concluded that “all children are sexual from birth” and are “fully capable and deserving of sexual relations at any age just like adults.” (*Dr. Kinsey and The Children of Table 34* by Robert H. Knight, Family Research Council, 1994.) He believed that society should reflect this “scientifically validated” view by altering its moral codes. His books, *Sexual Behavior in the Human Male* (1948) and *Sexual Behavior in the Human Female* (1953), ignited controversy over sexual morality that persists to this day. However, 30 years of study and documentation by Dr. Judith A. Reisman, J. Gordon Muir, and others has exposed Kinsey’s research as fraudulent and criminal. Children, ages 5 months to 14 years, were experimented on sexually. Kinsey admitted that the data was gathered by “adult males who have had sexual contacts with younger boys.” In other words, sexual acts were performed on innocent minor children by known pedophiles. (We suggest you view *The Children of Table 34*, a video available from the Family Research Council [800] 225-4008. You might also want to read *Kinsey, Sex and Fraud: The Indoctrination of a People* and *Kinsey: Crimes and Consequences* by Judith Reisman, Ph.D.)

As America moved into the 1950s, the Kinsey Institute in Indiana became the only source of child sexuality data. Long-held moral codes, based largely on biblical teachings, were drastically altered. Kinsey’s belief that children should be taught about sex as early as kindergarten influenced school districts across the country. His research, gathered from abusive experiments on infants, toddlers, and adolescents, remains the foundation for many ongoing federally-funded and school-based



sex education programs. Kinsey's support of homosexuality, sex between adults and children, and sex between humans and animals dangerously influenced national sex education. His theories, taught first at the universities, spread to colleges, high schools, junior high schools, and elementary schools. But, as Dr. Reisman notes, bad data produces bad results.

For over two decades, early sex education has often made its way into schools under the guise of "AIDS education." Students are given detailed information not only on how to use condoms and other contraceptives but where to purchase them. It is not uncommon for students to be questioned about their sexual feelings and then linked to gay and lesbian organizations.

Planned Parenthood and SIECUS have direct ties to Kinsey. Two of his co-workers were Mary Calderone and Lester Kirkendall. Dr. Calderone was a medical director for Planned Parenthood and, together with Kirkendall, founded SIECUS. As parents, you should carefully examine your child's sex education and health materials. It is your responsibility to know what your son or daughter is learning and to have the final say about methods and content of education.

## **Planned Parenthood**

Planned Parenthood has long believed in teaching children, as young as possible, about sex. Planned Parenthood is also the nation's number one provider of teenage abortions. Keep this in mind as you read on.

In April of 2001, Planned Parenthood released a "manifesto" which proclaims "young people must be supported by laws that will allow them to act freely in the way they choose to live their lives." To coordinate with the proclamation, a line of Planned Parenthood condoms was unveiled. The "manifesto" also stated: "Obstacles that make young people uncomfortable about themselves, their bodies and their relationships should be removed." Would that be parents? Churches? (CITIZEN, July 2001, p. 17.)

Planned Parenthood's perspective on sex has been influencing schools, parents, and ultimately children for decades. One textbook, often used by Planned Parenthood, is *Girls and Sex* by Wardell Pomeroy, Ph.D., a member of Kinsey's sex research staff. One excerpt reads, "Sex play with boys (or, for that matter with girls) can be exciting, pleasurable, and even

worthwhile in the sense that it will help later sexual adjustment,” and “Society may frown on sex play between children, but we have to remember that society disapproves of a great many sexual acts that take place, and there are two sides to the story.” (Delacorte Press, N.Y., 1981, p. 48 and 52.)

Another textbook entitled *Changing Bodies, Changing Lives*, developed, in part, by Planned Parenthood, teaches children the techniques of homosexual intercourse and how to “come out” if they suspect they are homosexual. What about parents? The book says, “If [your parents] seem to fear your sexuality . . . you may feel you have to tune out their voice entirely.” (*Changing Bodies, Changing Lives* by Ruth Bell, et. all., Random House, N.Y., 1980.) You might take note that “Encourage increased homosexuality” was one of the “Measures to Reduce U.S. Fertility” offered by Planned Parenthood in 1970. (“Examples of Proposed Measures to Reduce U.S. Fertility,” *Family Planning Perspectives*, 2, no. 4, 10/20:ix.)

In the book *Boys and Sex*, also by Wardell Pomeroy, the following advice is given: “. . . Boys and girls who start having intercourse when they’re adolescents, expecting to get married later on, will find that it’s a big help in finding out whether they are really congenial or not . . . it’s like taking a car out for a test run before you buy it.” (Delacorte Press, N.Y., 1981, p. 117.) Another excerpt reads, “I have known cases of farm boys who have had a loving sexual relationship with an animal and who felt good about their behavior until they got to college, where they learned for the first time that what they had done was ‘abnormal.’ Then they were upset.” (pp. 171-172) To see for yourself what Planned Parenthood advocates, visit their teen web sites: [teenwire.org](http://teenwire.org) and [takecaredownthere.org](http://takecaredownthere.org). Do you want your children influenced by their worldview?

Here are a few statistics from the Planned Parenthood Federation of American Annual Report for 2006/07—courtesy of the American Life League (\$ in millions): clinic income \$356.9; government grants \$336.7; private contributions 258.7; total profits \$114.8; sexuality education \$48.0; abortion procedures 289,750; adoption referrals 2,410.

## **Who Was Kinsey and Why Did He “Succeed”?**

Born in 1894 and raised by strict Methodist parents, Kinsey rebelled against God at an early age. As a young man, he had a “preference for young boys” and “nature” magazines. (People in the 1920s would have understood this to mean “nudist” magazines.) Kinsey graduated from Bowdoin College in zoology and was a follower of Charles Darwin. Later, at Harvard’s

Bussey Institution, Kinsey was identified as one of the scholarly, pre-World War II eugenicists who issued a “terrifying” call for the mass sterilization of “lower level” Americans and a breeding plan for superior classes. (Margaret Sanger, founder of Planned Parenthood, was another.) Kinsey’s marriage and fatherhood of three children appeared “traditional and respectable”; however, he continued a “relationship” with a young man and collected obscene photos and films. He blamed Christianity for sexual repression and legal codes which governed sexual behavior, but in order to disguise his secret life and unorthodox sexual research, he maintained a church-going image.

Kinsey’s formal sex research began at Indiana University in 1938 under cover of a “marriage course.” He sought to develop a “greater understanding of the varieties of sexual expression and a resulting greater tolerance of such variability.” Apparently, it did not matter to him how he created an environment for sexual tolerance. Kinsey selected a staff who was not “prone to moral evaluations” in the area of human sexuality. The staff participated in “wife-swapping ... gay contacts ... [for] both professional and private [needs].” He hired no “prudes,” Jews, Blacks, or committed Christians and hired only men to interview women about their intimate sexual feelings and private experiences. Staff was “filmed in intimate sexual situations.” Kinsey used these “sex secrets” to maintain a powerful hold over those who worked with him.

In the name of science, Kinsey proceeded to gather intimate sexual information and perform sexual experiments on adults and children. He “believed that sexual experiments on humans should not differ measurably from those on ‘other animals.’” Kinsey’s data was quickly accepted by those in the legal community who wanted to change the sexual criminal codes. His “quantitative research and numbers were a perfect fit with the Rockefeller [Foundation’s] plan to manipulate the mass media to ‘shape public attitudes and conduct.’” However, “had the public known that Kinsey and his team were sexually aberrant, the popular use of their data to change American law, education, culture, and public policy would likely have come to the proverbial screeching halt.” (Information from this section is taken from *Kinsey: Crimes and Consequences* by Dr. Judith A. Reisman, Ph.D., ©2000 The Institute for Media Education, Inc., pp. 5, 6, 12, 13, 17, 29, 31, 35, 71, 39, 41.)

## **Procreation is Disconnected from Sex**

Kinsey had no respect for women. He was more interested in sex and the male. However, he knew the public expected

a book on women to follow his book on men, so “the Kinsey team allegedly recorded the sexual conduct of 7,789 women, but the only births recorded were for *single* women, *unmarried* women, and *adulterous* unions.” Kinsey provided no data for normal marital births thus making no link between the act of sex and procreation. “Perhaps the most damaging implications were the myths that women could, and should, separate responsibility and commitment from sex and sex from fertility and childbirth.” Kinsey wanted to portray American women as sexually indiscriminate; therefore, it was necessary to imply there were no negative consequences to their behavior. Thus, Kinsey did not report sexually-transmitted diseases, rape, child sexual abuse, pregnancy, or abortion. “Instead, there is an aura of a carefree, risk-free, aggressive female sexuality.” Kinsey has been credited by some with instigating the legalization of abortion by providing data purporting to show that nearly all pregnant single women, and 22 percent of those married, secured abortions despite existing statutes barring the procedure. Since the women he interviewed were so “sexually active,” he and his team sought to portray abortion as so common and harmless that it should be legal. (Reisman, pp. 106, 107, 119.)

In the years before Kinsey, the Christian parent helped children understand the connection between the act of sex and procreation. Dr. Mary Wood-Allen wrote, “... [U]pon sex depend all the sweet ties of home and family. It is because of sex that we are fathers, mothers, and children; that we have the dear family life, with its anniversaries of weddings and birthdays.” (*What a Young Woman Ought to Know from Wood-Allen's series on Purity and Truth, Self and Sex*, 1898)

Today, influenced in no small part by thinkers like Kinsey and in large part by our own rebellion against God, boys and girls are taught to believe they are sexually similar and that all manner and forms of sexual behavior are just ways of exchanging pleasure. Too many boys are not learning to practice chivalry or think in terms of fatherhood. Too many girls are not learning to wait patiently for real love (1 Corinthians 13:4-7) or think in terms of motherhood.

## **The Influence Continues**

Dr. Judith Reisman is right. Bad data produces bad results. Fifty years of Kinsey influence has been devastating—physically, emotionally, morally, and spiritually. It has resulted in increased sex abuse, an increase in types of sexually-transmitted diseases (STDs) and contraction of them at a younger and younger age, increased cancer in young women who have contracted certain



STDs, an increase in pornography, child molestation and pedophilia, rape, recruitment of young people into the homosexual and lesbian lifestyle, and abortion.

God wants us to view children through His eyes, not the eyes of unbelievers like Kinsey. Yet even the thinking of Christian parents, teachers, and counselors has been distorted by years of sex education based on human theories. Practicing Christians may believe they can sift good from bad, but we cannot “train up” children in Jesus’ name through education that goes against God’s design.

What are the Failures of Modern Sex Education?

1. Modern sex education is based on evolution which assumes that young people, like animals, will just “do it.” Such education fails to:
  - Recognize that humans are made in the image of God, not animals. (Genesis 1:27)
  - Acknowledge the Creator’s plan for male and female. (1 Corinthians 6:18-20)
  - Explain the effect of sin on human thought and behavior—for example, before sin men and women were not tempted by nakedness. (Genesis 2:25; 3:21)
  - Offer hope for changed behavior. (Matthew 19:26; 2 Corinthians 5:17)
  - Teach young men to put women and children first. (Ephesians 5:25-28)
  - Explain why unwed, intimate sexual behavior on Saturday night causes guilt on Sunday morning. (Psalm 32:3-5)
  - Encourage self-control. (1 Corinthians 7:2)
2. Modern sex education fails when it does not build on the truth that God created male and female at different times, in different ways, and for different purposes. (Genesis 2:7, 15-23; 3:20) Male and female are created equal, but not the same. Boys and girls mature, communicate, love, and think differently. Historically, most societies worldwide have divided the children and taught the genders separately. Boys and girls were not traditionally thrown together for more than a few years before marriage.

Titus 2:3-7 is a model for modern parents and Christian educators to follow. Older women should mentor younger women by encouraging them to develop character and find confidence in being female. Older men should mentor younger men by promoting masculine vision and responsibility. There are positive consequences. Learning how to say “no” to worldly passions helps us to live self-controlled and God-pleasing lives while we wait for “the blessed Hope—Jesus Christ.” (Titus 2:11-14)

Both boys and girls should be encouraged to find their identity as sons and daughters of God in Christ. In this way, they will know that their bodies are not their own, but bought with a very high price. (1 Corinthians 6:19-20)

3. Modern sex education—too soon and too explicit—fails our children by raising their curiosity. “Sex ed” classes too often equip young men and women with all manner of information and resources. Is this wise if they have neither God’s approval nor their own maturity? For what reason would we give all knowledge to children about the most intimate adult act created by God for one man and one woman joined in the faithfulness of marriage? The Heavenly Father wants adults to guard the innocence of youth. (Mark 9:42)
4. Modern sex education fails when it has little or no regard for modesty. The goal may be to help children be “comfortable” and “less embarrassed,” but what happens when a girl is instructed to “practice” by placing a condom over the finger of a boy? What happens when boys and girls are encouraged to talk about male and female body parts as if they were an elbow or knee? Will the child learn there is a difference between touching an elbow and touching somewhere else?

Coed sex education breaks down the natural, God-given protection of modesty and, in time, dulls the conscience. It leads to relationships that are impatient and shallow. Teens today insist they’re “not having sex.” They call it “hooking up” or “hanging out.” Girls have “friends with benefits” (translation: the boy doesn’t take the girl on a date to a movie or the mall, but does ask for and receive sexual privileges).

Christian parents can help sons and daughters realize that embarrassment and shame were new emotions after sin entered the world (Genesis 3:7-8). In Jesus Christ feelings of embarrassment and shame become our protection

against making a wrong and sinful choice or repeating a past sin. It is a good thing to feel embarrassed when watching the intimacy of a sexual act on TV, or passing by the window of Victoria's Secret, or wearing a skimpy swim suit, or practicing the use of condoms in the classroom. It is normal and natural to feel shame after doing something that God says is wrong. God's amazing love for children (and parents) is evidenced in His words of warning and His promise of forgiveness upon confession of sin.

5. Modern sex education built on the ideas of man rather than God fails to teach girls how to respect boys on their way to becoming men. The culture raises girls to be temptresses; but the father in Proverbs 7 taught his son how to avoid temptation. The Christian father can also help his daughter understand why modesty in clothing protects her virtue, helps men not to sin, and is "appropriate for women who profess to worship God" (1 Timothy 2:9-10). People who ignore the correlation between sexy dress and sexual behavior deceive themselves and put others at risk. The Christian father and mother can say to their son or daughter: "Don't let anyone look down on you because you are young, but set an example for the believers in speech, in life, in love, in faith and in purity" (1 Timothy 4:12 NIV).
6. Modern sex education fails when it gives the impression that pregnancy is the worst thing that can happen to a young girl. It is perhaps for this reason many teens are participating in oral sex. The girl and boy may believe they are protecting themselves from pregnancy and preserving their virginity. Risk of pregnancy may decrease, but risk of sexually-transmitted diseases (STDs) increases. STDs may be treated, but they last a lifetime and can be transmitted from one partner to the next and to babies.

Some Christian parents and educators believe abortion is an offense to the Giver of life, but at the same time don't really believe that abstinence is possible. Giving information about contraceptives and how to obtain and use them only sends a mixed and potentially harmful message. Christian parents can help sons and daughters say "no" to wrong things and, instead, live self-controlled lives while we wait for Jesus to come again. (Titus 2:11-14)

7. Modern sex education has failed to instruct girls about their vulnerability. A woman's anatomy, writes Miriam

Grossman, M.D., renders her “vulnerable to infection.” The cells in the cervix (a “transformation zone”) are more vulnerable to bacteria and viruses. Use of the birth control pill may enlarge the transformation zone and increase the girl’s risk of infection. (*Unprotected*, Penguin Group Publishers, 2006) For the sake of their daughters (and future husbands and children), Christian parents must dispel the doctrine of sex without consequences and the notion that women are just like men.

It is normal for parents to want to protect their children. Unfortunately, pharmaceutical companies, Planned Parenthood, and others capitalize on that fear. Money is made from wrong behaviors and lifestyles. Parents must seek the facts about contraceptives and be alert to health risks for young women who use them. Is the birth control pill a good thing for young girls? Is Gardasil, the vaccine to prevent cervical cancer caused by the human papilloma virus (HPV), a good thing for young girls? (Girls don’t get HPV by shaking hands! It is contracted through sexual intercourse.) “Would we immunize our kids against lung cancer,” asks Dr. Meg Meeker, “yet promote smoking?”

8. Modern sex education fails when it does not encourage boys to treat “women as sisters, with absolute purity” (1 Timothy 5:2). The Christian parent can explain to sons how Jesus treated women and valued their personhood.
9. Modern sex education fails when it presumes to know better than parents how to raise children. God wants parents, not strangers, to instill their children with moral values (Proverbs 22:6; Psalm 144:12). Parents who take their role seriously and look to God’s Word need not be intimidated by so-called “sex experts.” Nor do they need to be intimidated by their own mistakes of the past. Parents who admit to and are sorry for their sins can show children the way to the Cross. It is at the foot of the Cross where all sinners find forgiveness and are encouraged to leave old ways behind.
10. Modern sex education—no matter if it is taught as a special class or woven into courses on family living, science, psychology, or religion—fails when it ignores God. Christian parents can assure their sons and daughters that believing in and trusting God—the Creator of their precious lives—is good for them!

Better than sex education is instruction in purity. Better than sex education is explaining the created differences of male and female and how we are to live in a way that respects one another and honors God.

## **What You Can Do**

1. Trust God. His Word in Genesis tells us that, first, He created us to be “human beings” of the male or female gender. It is not until Genesis 2:24 that God speaks of anything sexual. There, we learn that sex is an expression of oneness between husband and wife. More than recreational, sex is procreational. God miraculously works through the sexual union of man and woman to bring new life into the world. It is in the faithfulness of marriage—with both father and mother role models—that a new generation is best nurtured.
2. Communicate with your child. Set aside a special time each day to ask questions about school, friends, and activities. Listen to their thoughts and concerns.
3. Ask to see your child’s health, sex education, or family life textbook as well as any other materials that are distributed. If your child doesn’t seem to have a textbook or printed materials available, schedule an appointment with the teacher and ask to review the lessons. If the material is in conflict with your worldview, respectfully ask to have your child opt out. Familiarize yourself with publishers and their worldviews. Download a “Curriculum Evaluator” from RSVP America (Restore Social Virtue and Purity to America) at [www.drjudithreisman.com/archives/pcp2.pdf](http://www.drjudithreisman.com/archives/pcp2.pdf). You may also visit [www.abstinence.net](http://www.abstinence.net) to find alternatives to education in sex.
4. Don’t assume that “gender identity” and diversity are only being discussed in sex education. Schools are being pressured to treat homosexuality as a “normal” lifestyle that should be discussed in any class. Be alert to guest speakers, their subject matter, and sponsoring organizations.
5. Teachers, administrators, and school board members are not the enemies. They, too, may have been influenced by years of Kinsey-style education or be pressured by others to teach it. Don’t accuse; instead, be sensitive and respectful when visiting them. Do your homework. Cite examples, share documentation, quote statistics. Keep in



mind that Christian parents are not fighting flesh and blood, but powers and principalities (Ephesians 6:12).

6. Familiarize yourself with the materials and tactics of those who don't have your child's best interest in mind. "It Takes Two," is an example of one curriculum that only briefly mentions abstinence as a possible choice. Visit Planned Parenthood's web site for teens at [www.teenwire.com](http://www.teenwire.com). Is this the kind of information you want shared with your child?
7. Help your daughter learn how to be holy rather than sexy. Download the ten-lesson Bible study entitled *Dressing for Life: Secrets of the Great Cover-up* from [www.lutheransforlife.org](http://www.lutheransforlife.org) (\$15.00 reproducible PDF format) Use this study during a weekend retreat for older and younger women or use it during a series of "Girls Only" nights in your home.
8. Help your son learn how to treat girls in the way he wants his future wife to be treated. Visit [www.visionforum.org](http://www.visionforum.org) for resources that help raise sons to be defenders of women and children. Explore opportunities for fathers, grandfathers, and Christian male leaders in your congregation to mentor young men.
9. The Christian parent wants to protect children from the world. However, because we live in the world, we must prepare children for battle. Use opportunities such as walking through the mall to discuss the message of the world and how it contrasts with God's Truth. Abercrombie and Fitch uses nude photos of boys and girls in their catalog to sell clothes. What are they really selling? When Victoria's Secret encourages girls to be "sexy," what are they encouraging boys to do? How does the message of most teen magazines contrast with God's Word?
10. Be aware of material or instruction that labels abortion as "a relatively simple and easy way to terminate a pregnancy." Visit [www.word-of-hope.org](http://www.word-of-hope.org) and [www.lutheransforlife.org](http://www.lutheransforlife.org) to learn that abortion ends a baby's life and forever changes the life of the mother. Abortion has a powerfully negative impact on fathers, too.
11. If your child attends Christian school, recommend the curriculum entitled **Teaching for Life** to the principal. Nine pro-life concepts are integrated into religion, math, social studies, etc. ([www.lutheransforlife.org](http://www.lutheransforlife.org))

12. Order the tract for parents entitled *Purity, Mystery, and Modesty* from [www.lutheransforlife.org](http://www.lutheransforlife.org). While visiting the site, check out the wide assortment of tracts for teens that encourage life choices that honor God.
13. Host a Bible study for adults using *Men, Women, and Relationships: Building a Culture of Life Across the Generations*. Discover how parents have been influenced by distortions of truth and how we can better influence the next generation. This reproducible, 12-lesson study with leader's guide is also a helpful tool for college students, single adults, pastors, youth workers, and those in family life ministry. [www.lutheransforlife.org](http://www.lutheransforlife.org)
14. Check out *Dad, A Girl's First Hero*, a series of two articles published in summer and fall 2008 editions of *LifeDate*, the quarterly journal of Lutherans For Life, and also available on the LFL web site.
15. Visit Dr. Meg Meeker, author of *Strong Fathers, Strong Daughters* and *Your Kids at Risk*, at [www.megmeekermd.com](http://www.megmeekermd.com). Equip yourself for the privileged role of parenting by knowing the medical facts.
16. While surfing the net, google "Miriam Grossman, M.D." (author of *Unprotected*) and visit [www.medinstitute.org](http://www.medinstitute.org), [www.abortionbreastcancer.com](http://www.abortionbreastcancer.com), and [www.titus2-4life.org](http://www.titus2-4life.org).
17. Read Dr. Philip Ney's article, *Sex Education*, available at [www.messengers2.com](http://www.messengers2.com). Dr. Ney is a retired professor of psychiatry who has taught at five universities in Canada, Hong Kong, and New Zealand. He has also run child and adolescent psychiatric units and has served on school boards. *Sex Education* is an excellent article, well worth reading in its entirety!



Linda Bartlett is a wife, mother, and grandmother. She is also a writer, national speaker, and volunteer for Lutherans For Life and its abortion healing ministry called Word of Hope. Linda is the author of *Men, Women, and Relationships*, *Into His Loving Care*, *Not Alone*, *Dressing for Life: Secrets of the Great Cover-up*, and other “for life” tools. She is a contributing author of commentaries for the *GOD’S WORD for Life* Bible.

Years of interacting with young men, women, and their parents gave Linda opportunity to observe and listen. Stories of pain and regret helped her understand what happens when we are more influenced by the world than the Word. For this and other reasons, Linda started Titus 2 for Life ([www.titus2-4life.org](http://www.titus2-4life.org)), a ministry that mentors biblical manhood and womanhood. She is also co-founder and president of the Lighthouse Center of Hope in Iowa Falls, Iowa. She served on the LCMS Sanctity of Life Task Force and is the former national president of Lutherans For Life.



Lutherans For Life

1120 South G Avenue • Nevada, IA 50201-2774  
888-364-LIFE • 515-382-2077 • Fax 515-382-3020  
[info@lutheransforlife.org](mailto:info@lutheransforlife.org) • [www.lutheransforlife.org](http://www.lutheransforlife.org)

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